



N.C.C. COY NO - 21/04, UNDER 21 BENGAL BN NCC
BELURMATH
LALBABA COLLEGE UNIT
117 G.T.ROAD, BELUR, HOWRAH, WEST BENGAL.

Email: lalbabacollege.ncc04@gmail.com

Date: 18/12/2023

NOTICE

Subject: ROCK- CLIMBING COURSE (part of capacity building programme)
will be held on 27.12.2023 – 31.12.2023 in association with Adventure and
Nature Lovers Durgapur

This is to bring to your kind notice that the NCC Unit of Lalbaba College is going to conduct a ROCK-CLIMBING COURSE (part of capacity building programme) from 27.12.2023 – 31.12.2023 in association with Adventure and Nature Lovers Durgapur. All interested NCC cadets are hereby informed to collect the application form and fill it immediately for the above said programme. Interested cadets will have to carry your Aadhaar card and college ID to join the course.

Manjur Alam
18/12/2023
Principal

Lalbaba college

Principal
Lalbaba College
117, G. T. Road, Belurmath
Howrah-711202

Manjur Alam
ANO 18/12/23

Lalbaba college

LT. MANJUR ALAM
Company Commander (ANO)
21, BENGAL BN. N.C.C.
Lalbaba College, Belur Math



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Manjur Alam
18/12/2023

Principal

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Report on ROCK- CLIMBING COURSE (part of capacity building programme)
was held on 27.12.2023 – 31.12.2023 in association with Adventure and
Nature Lovers Durgapur in Joychandi Hill at Purulia.

A ROCK- CLIMBING COURSE (part of capacity building programme) was held successfully on 27.12.2023 – 31.12.2023 in association with Adventure and Nature Lovers Durgapur in Joychandi Hill at Purulia with the help of instructor and course coordinator. Almost 25 students at our college attended this adventure programme. The 5-day course introduces the trainees to the arena of rock climbing which includes basic principles of rock-climbing, holds, use of ropes and knots, crack climbing, belaying, anchoring, methods of rappelling along with different gradation of free-hand climbing. Students of our college successfully summited two higher peak namely **joychandi hill** and **yogi dhal** peak during the course period. This course Increases Muscle Strength and Grip Strength and Increases cardiorespiratory fitness and our mental capacity. It reduces stress and anxiety and teaches you how to come over your fears, It Promotes Patience and Perseverance and Gives a sense of achievement in our students.

Title of activities conducted	Organizing Unit	Place of activities	Number of Co-ordinators	Number of students participated
ROCK-CLIMBING COURSE	NCC unit of Lalbaba College in collaboration with Adventure and Nature Lovers Durgapur	Jay Chandi Hill, Purulia	ANO -01 Others- 50	STUDENTS-25

Manoj
21/12/24

Principal

LALBABA COLLEGE

Principal
Lalbaba College
117, G. T. Road, Belurmath
Howrah-711202

Manjur Alam
ANO 02.01.24.

LALBABA COLLEGE

LT. MANJUR ALAM
Company Commander (ANO)
21, BENGAL BN. N.C.C.
Lalbaba College, Belur Math

LALBABA COLLEGE

B+ NAAC ACCREDITED COLLEGE
(Affiliated to the University of Calcutta)
ESTD. - 1964

website : www.lalbabacollege.net
e-mail : lalbabacollege@yahoo.com



117, Grand Trunk Road,
Belur Math, Howrah
Phone : (033) 2654-6289

Ref.....

Date.....6th December, 2013

To
The course co-ordinator
Adventure and nature lovers
Durgapur

Subject: Request to arrange Rock- Climbing Course in Purulia District

Respected Sir,

This is to inform you that NCC unit of our college would like to conduct a Rock-Climbing Course (as a capacity Building Programme) in Purulia District in collaboration with your renowned organisation on the last week of December.

We will be grateful to you if you let us know the details of course schedule including the specific date, duration of course and the name of the hill where the course will be conducted as soon as possible.

Thanking you for your co-operation.

Yours faithfully,

Aruna
9/12/2013

Principal

LALBABA COLLEGE

Principal
Lalbaba College
117, G. T. Road, Belurmath
Howrah-711202

Lalbaba College

National Cadet Corps(NCC)

ROCK-CLIMBING COURSE(CAPACITY BUILDING PROGRAMME)

Attendance sheet on 27/12/2023 to 31/12/2023

Sl. No.	Student Name	C.U. Roll/Student ID	Signature
1	Trishna Bas	WB21SWA109378	Trishna Bas
2	Anushree Kundu	WB21SWA109374	Anushree Kundu
3	Ishita Saha	WB22SWA118887	Ishita Saha
4	priti koley	D1HF4210967	priti koley
5	Isthanwita Hali	WB22SWA118888	Isthanwita Hali
6	Kajal Kumari Mahato	M3HF4220903	Kajal Kumari Mahato -
7	Toniya Dey	WB22SWA118891	Toniya Dey
8	Sneha Mondal	WB22SWA118875	Sneha Mondal,
9	Papi Palan	WB22SWA118894	Swati Papi Palan
10	Chandreee lakhder	WB21SWA109376	Chandreee lakhder
11	Sumana Sarkar	WB21SWA109398	Sumana Sarkar
12	Sumana dhali	WB21SWA109389	Sumana dhali
13	Tiyasa Bodak	WB22SWA118888	Tiyasa Bodak
14	Biswajit Das	WB22SDA118871	Biswajit Das
15	Pritam kansabanik	WB22SDA118807	Pritam kansabanik
16	Adrish Paul		Adrish Paul
17	Suman Malik		Suman Malik
18	Aorina Gayan		Aorina Gayan
19	Rimi Lakhder		Rimi Lakhder
20	Hemangini Dey	WB22SWA118889	Hemangini Dey
21	Jiti Haldar	WB22SWA118893	Jiti Haldar
22	Sathi Sena	WB22SWA118886	Sathi Sena
23	Monashree Das	WB22SWA118882	Monashree Das
24	Payal Ka Yadav	WB22SWA118877	Payal Ka Yadav
25	Adrija Ghosh	WB21SWA109381	Adrija Ghosh
26			
27			
28			
29			
30			




 **GPS Map Camera**



Google

Gobindapur, West Bengal, India
GJMX+69Q, Chandankiyari - Dubra - Raghunathpur Rd, Gobindapur,
Raghunathpur, West Bengal 723133, India
Lat 23.53155°
Long 86.649301°
31/12/23 10:42 AM GMT +05:30




 **GPS Map Camera**



Google

Raghunathpur, West Bengal, India
Kalipahar, GMH8+HF5, Raghunathpur, Nanduara, West Bengal 723133,
India
Lat 23.52855°
Long 86.665077°
27/12/23 02:06 PM GMT +05:30



 **GPS Map Camera**



Google

Raghunathpur, West Bengal, India


GM8H+HV8, Raghunathpur, Nanduara, West Bengal 723121, India

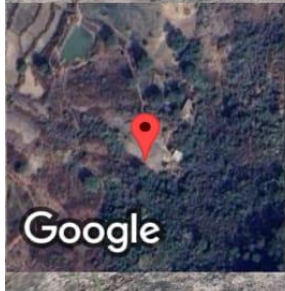
Lat 23.516386°

Long 86.679926°

27/12/23 12:38 PM GMT +05:30



 **GPS Map Camera**



Google

Raghunathpur, West Bengal, India

Kalipahar, GMH8+HF5, Raghunathpur, Nanduara, West Bengal 723133, India

Lat 23.527538°

Long 86.664848°

27/12/23 04:24 PM GMT +05:30




 **GPS Map Camera**

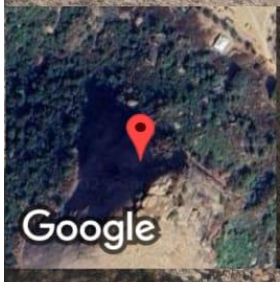


Google

Raghunathpur, West Bengal, India
Kalipahar, GMH8+HF5, Raghunathpur, Nanduara, West Bengal 723133, India
Lat 23.528537°
Long 86.665069°
28/12/23 08:54 AM GMT +05:30



 **GPS Map Camera**



Google

Nanduara, West Bengal, India
GMF8+4RM, Nanduara, Raghunathpur, West Bengal 723133, India
Lat 23.523064°
Long 86.66721°
30/12/23 03:34 PM GMT +05:30



Adra, West Bengal, India
Aurobindo Pally, Lower Beniasole, Adra, West Bengal 723121, India
Lat 23.500657°
Long 86.679764°
30/12/23 04:31 PM GMT +05:30